

COOL SPORTS HOCKEY Roadmap



Knoxville Amateur Hockey Association (KAHA) is the official youth hockey association for Cool Sports and our Youth Hockey programming. We offer leagues, programs and clinics for ages 4, all the way through age 18. Hockey develops life skills that build a foundation for a child's confidence, pride, focus and responsibility.

1

LEARN
TO PLAY

STEP 1

For 12 weeks, this program combines skating fundamentals, hockey development lessons, and tons of fun to help your little players find a love for the game! This program is a great value!

2

LEARN TO
PLAY 2.0

STEP 2

Learn to Play 2.0 is a 6-week program designed for boys and girls who have graduated from our LTP Program and may repeat multiple times, if necessary.

3

HOUSE/REC
LEAGUE

STEP 3

Knoxville Amateur Hockey Association is the official youth hockey association for Cool Sports and our Youth Hockey programming. We offer house leagues, programs and clinics for ages 8u - 18u.

MITE 8U SQUIRTS 10U PEEWEE 12U BANTAM 14U HIGH SCHOOL

Level Up

Cool Sports, in partnership with KAHA is the home facility for the Travel & Select Program. Participation in Selects requires **mandatory house league sign up. Select is an add-on to rec league.**

4

PREP
PROGRAM

STEP 4

Cool Sports and KAHA offer a Prep Program for our Rec League families. The goal is to provide additional opportunities for house league players but not to force large financial or time commitments onto families. *Select teams usually travel to play out of town opponents once a month.*

MITE 8U SQUIRTS 10U PEEWEE 12U BANTAM 14U HIGH SCHOOL

5

TRAVEL
PROGRAM

STEP 5

The Travel Program is an experience for "AA" and "A" caliber players. KAHA & Cool Sports offers several travel teams from Squirt all the way up to U18 Midget. *Try outs for each season are typically held early June and teams usually travel to play out of town opponents 2 or 3 times a month"*

SQUIRTS 10U PEEWEE 12U BANTAM 14U MIDGET 16U MIDGET 18U



COOL SPORTS

8U MITE YOUTH HOCKEY FAQ 23-24 SEASON BIRTH YEARS 2016 & 2015

LET'S TALK HOUSE / REC LEAGUE PROGRAMS

How do I know when my child is ready to play House League?

Generally, if a player has completed one or two learn to play sessions, they're ready to join one of the house level teams. Your learn to play coach, as well as any KAHA staff members, are good resources to discuss player readiness. After every learn to play session, your child receives a path forward recommendation.

How long is the season / where and when do we play?

The main Winter season usually starts in September and runs through early March. We usually have a one week break over Thanksgiving and a two week break over Christmas / New Years. All practices and games for the 8U Mites are at Cool Sports, Knoxville, TN. Practices are once a week on Wednesday nights. Games can vary, but usually are on Sundays.

READY TO LEVEL UP? LET'S TALK 8U MITE PREP PROGRAM

When should consider my child playing/trying out for the Prep 8U Team?

A family should consider 8U prep if their player is developing very quickly week after week in the 8U House/Rec leagues, enjoying the game, and looking for some out of town competition. ***Note: 23-24 season birth years for 8U Mite | 2016 & 2015***

What's the difference between House, Prep, and Travel teams?

House teams are for players looking for a more recreational level of play with local scheduling.

Prep is considered the first step to playing travel hockey. It gives players a taste of what travel hockey is like. Prep is for the more experienced players looking for a higher level of competition and players are selected based on tryouts. Prep Tryouts (8U) occur in September or October of each year for the following/current season.

Travel hockey starts at 10U Squirt and play at the highest level of commitment to youth hockey. The travel hockey season is from September through March. While travel hockey can require a serious time commitment for games and practices, it often provides players with a high-quality experience that comes with higher additional costs. Travel ice hockey is divided into two tiers of competition. Tier 1 or AAA, and Tier 2 which represents AA, A, and B hockey. AAA is a very high level of competition and it proceeds downward to B.